



WaNavi Japan



Save the Children

聖心女子大学

グローバル共生研究所
Sacred Heart Institute for Sustainable Futures [SHISF]

Psychological First Aid (PFA) for Children

1-Day Certificate Program



Learn to support the mental well-being of children in the post-disaster phase

Psychological First Aid for Children is a set of skills and competencies that help the staff in their work to reduce the initial distress of children caused by accidents, natural disasters, conflicts or other critical incidents. The training will provide:

- Tools for communication, reassurance and comfort for staff working directly with distressed children
- Advice and guidance for staff working with parents and primary caregivers. It includes tips on how to support a distressed child.
- Stress reduction and coping tools to support staff and caregivers.

WaNavi Japan has been empowering international residents in Japan to be prepared for disasters through our "Disaster Preparedness Workshop" since the aftermath of the Great East Japan Earthquake in 2011. Please join us in deepening the skills and awareness of "BOSAI" through this interactive training! The 1 Day program will be facilitated by two experienced experts from **Save the Children Japan**.

Instructors

Dr. Ryoko Ohtaki Narita

Psychologist and Doctor in Life Science specializing in post-disaster mental health and psychosocial support, and trauma-informed care and clinical intervention for PTSD. Researcher at National Center of Neurology and Psychiatry in Japan.

Ms. Eiko Minami

Program Coordinator at Save the Children Japan, in charge of Psychological First Aid for Children, with extensive experience in psychosocial support programs with NGOs in Indonesia, Lebanon and Jordan.

February 9, 2019
10:00-17:00

Registration

Please send an email to

contact@wanavi.org

with your name, affiliation and contact.

Schedule

10:00-13:00 Training

13:00-14:00 Lunch (Please bring your own)

14:00-17:00 Training

A certificate will be issued upon completion of this course training.

(The training will be in English)

Fee

5,000 yen

2,000 yen (Sacred Heart affiliated teachers and students)

Target

Educators, care-givers, parents, guardians, students who interact with children; public officials, NPO workers, health and social workers, and volunteers (potentially) working in post-crisis relief activities.

Venue

Sacred Heart Global Plaza

University of the Sacred Heart

4-2-24 Hiro-o, Shibuya-ku, Tokyo

